

THE SOWING CLUB



Branching Out:
Skills training
for young women



www.thegrowingclub.co.uk

Branching Out

Friendships

Her Story?

- Are you a young woman aged 17 to 24?
- How has lockdown affected you?
- Are you wondering what your future looks like post pandemic?
- Looking for something to do this summer?

Hopes

How do you fancy helping us create a podcast, have a laugh and learn some great skills?

As part of our employment and enterprise skills training for young women, we are running 4 sessions on podcasting, where you can learn *interview, presenting* and *listening skills*, as well as recording and editing.

All good skills for work and life.

Skills

So, why not join Emma, Izzy and Soaad at The Growing Club for a brew and a chat, and learn some *fun, creative* and *communication skills* in a safe, all female group.

Lockdown experiences

When?

Monday 19th and 26th July, 6:00 - 8:30pm.

There will also be 2 more sessions at the end of August. You can attend 1 session, or all of them.

Where?

In Lancaster - we can pay your bus fare!

Dreams

Just 10 places.

What next?



If you want to join, send a text with your name to 07892 712417 or email jane@thegrowingclub.co.uk.